



SANDYFORD

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RTG VEGAN LUNCH A LA CARTE

SET LUNCH MENU €17.95

CHOOSE ONE STARTER & ONE MAIN
FROM THIS MENU



VEGAN STARTERS

VEGAN THAI SAMOSAS

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip €9.50

VEGAN SPRING ROLLS

with Mushrooms, Cabbage & Glass Noodles served with a Sweet Chilli Sauce €9.50

TOM KHA WITH TOFU

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander, & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass. €8.00

VEGAN MAINS (All €13.95)

TOFU CAN
BE ADDED
TO DISHES
ON REQUEST

YELLOW CURRY 🌶️🌶️

A Rich Curry flavoured with Turmeric, this curry comes with Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots.

CHILLI STIR-FRY 🌶️🌶️🌶️

A Spicy Stir-fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & lots of Fresh Chillies.

GINGER STIR-FRY 🌶️

A Zingy Stir-fry cooked with Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger.

RTG VEGETABLE STIR-FRY

A tasty mixture of Asian Greens, Baby Corn, Peppers, Broccoli, Onions, Peppers, Button Mushrooms & Carrots, quick-fried with our Vegan Seasoning Sauce.

SWEET CHILLI STIR-FRY 🌶️

A Sweet Chilli Stir-fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Onions & our own Sweet Chilli Sauce.

ALL CURRIES & STIR - FRIES ARE SERVED WITH STEAMED RICE. SWITCH TO BROWN RICE + €1.50

RTG SPICE RATING: 🌶️ MILD 🌶️🌶️ MEDIUM 🌶️🌶️🌶️ HOT

VEGAN NOODLE DISHES (All €13.95)

TOFU CAN
BE ADDED
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VEGAN PHAD THAI

Our Classic Pad Thai made the vegan way. We quickly wok fry Rice Noodles with Peppers, Onions, Asian Greens, Soy beans, Baby Corn, Peanuts & Spring Onions in our Vegan Sauce.

VEGAN PHAD KHEE MAO 🌶️🌶️🌶️

Rice Noodles are flash-fried in the wok with Peppers, Spring Onions, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies.

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.