

## VEGAN STARTERS

### TOM KHA WITH VEG or TOFU (6)

Coconut Broth with Mushrooms, Spring Onions, Coriander, & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass.

### VEGAN SPRING ROLLS (1)

with Mushrooms, Carrot, Cabbage & Glass Noodles served with a Sweet Chilli Sauce.

### VEGAN THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip.

### ASIAN VEGAN SALAD (5, 11)

Mixed Asian Salad with Peppers, Onions, Carrots, Spring Onions, Asian Greens, Cherry Tomatoes, Cucumber, Coriander, Chilli & Sesame Seeds with a Peanut Butter & Tamarind Dressing.

## VEGAN MAINS

### YELLOW CURRY 🌶️

A Rich Curry flavoured with Turmeric, this curry comes with Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots.

### CHILLI STIR-FRY (11) 🌶️🌶️

A Spicy Stir-Fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & lots of Fresh Chillies.

### GINGER STIR-FRY (1, 6) 🌶️

A Zingy Stir-Fry cooked with Shiitake Mushrooms, Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger.

### RTG VEGETABLE STIR-FRY (1, 6)

A tasty mixture of Asian Greens, Baby Corn, Shiitake Mushrooms, Broccoli, Onions, Peppers, Button Mushrooms & Carrots, quick-fried with our Vegan Seasoning Sauce.

### SWEET CHILLI STIR-FRY (11) 🌶️

A Sweet Chilli Stir-Fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Bean Sprouts, Onions & our own Sweet Chilli Sauce.

TOFU CAN  
BE ADDED  
TO DISHES  
ON  
REQUEST

ALL CURRY & STIR FRY DISHES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €1.50, CHIPS €2, NOODLES €2.50, ASIAN GREENS/STIR FRIED POTATOES €4

RTG SPICE RATING: 🌶️ MILD   🌶️🌶️ MEDIUM   🌶️🌶️🌶️ HOT

## VEGAN NOODLE DISHES

### VEGAN PHAD THAI (5, 6)

Our Classic Pad Thai made the vegan way. We quickly wok fry Rice Noodles with Peppers, Onions, Asian Greens, Peanuts, Soy Beans, Baby Corn & Spring Onions in our Vegan Sauce.

### VEGAN PHAD KHEE MAO (6) 🌶️🌶️

Rice Noodles are flash-fried in the wok with Peppers, Spring Onions, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies.

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.

## ALLERGEN KEY

1. WHEAT, 2. CRUSTACEANS, 3. EGGS, 4. FISH, 5. PEANUTS,
6. SOYBEANS, 7. MILK, 8. NUTS, 9. CELERY, 10. MUSTARD,
11. SESAME SEEDS, 12. SULPHUR DIOXIDE & SULPHITES,
13. LUPIN, 14. MOLLUSCS



RED TORCH GINGER SANDYFORD,  
THE CHASE BUILDING, CARMANHALL ROAD,  
SANDYFORD

SANDYFORD@REDTORCHGINGER.IE  
REDTORCHGINGER.IE/SANDYFORD

RED TORCH  
GINGER

SANDYFORD

EARLY BIRD  
DINNER MENU

Please note: Early Bird finishes strictly at 6pm and Early Bird tables must be returned in time for evening sittings.

Due to time constraints during peak days there may not be time for dessert with early bird. Please ask a staff member who will be happy to advise you on this.

## EARLY BIRD MENU €26.95 PP

ONE STARTER | ONE MAIN | ONE BREAKFAST TEA/AMERICANO  
HERBAL TEAS/ OTHER COFFEES +€1 |  
SHARING PLATTERS + €5 RTG COMBO + €6 DUCK PANCAKES (Between 2 PAX)

### STARTERS

#### VEGETARIAN SPRING ROLLS (1,7)

Crispy Filo Rolls filled with Mushrooms, Carrot, Cabbage & Glass Noodles served with a Sweet Chilli Sauce.

#### PORK WONTONS (1,6, 11)

Deep Fried Minced Pork Dumplings, served with Sweet Chilli Dip

#### KOREAN STYLE CHICKEN WINGS (1,3, 4, 6)

Sticky & Sweet Crispy Chicken Wings, served with a Coconut & Chilli Sauce

#### FIVE SPICE CALAMARI (1,3, 4, 6, 14)

Crispy Calamari Pieces, served with Spring Onions, Chillies, Carrots & Onions on top of Mixed Leaves.

#### THAI SAMOSAS (1,6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip

#### SATAY CHICKEN (1, 5, 8)

Fried Chicken Breast Skewers, served with our homemade Satay Sauce

## SHARING PLATTERS FOR TWO

#### AROMATIC DUCK PANCAKES (1,6)

(€6 Supp) (Must be ordered between two early birds)

Sliced Crispy Duck served with Julienne Carrot, Spring Onion & Cucumber, Steamed Pancakes & Hoisin Sauce

#### RED TORCH GINGER COMBO (1, 2, 5, 6, 8, 11)

(€5 Supp) (Must be ordered between two early birds)

Two pieces each of: Chicken Satay, Spring Rolls, Thai Samosas, Panko Prawns, Pork Wontons, & selection of dips

## THAI SOUPS

#### TOM YUM (4,7) 🍴

A delicious Hot & Spicy Soup with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

#### TOM KHA

Coconut Broth with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

Tofu | Chicken | Prawns Incl. - Mussels €2

## SALADS

These meats are sauteed & then mixed up with our Salad, made with Sliced Peppers, Onions, Carrot, Cherry Tomatoes, Cucumber, Coriander & Spring Onion, mixed with our Hot & Sour Dressing.

#### THAI BEEF (1, 4, 6, 14)

Sliced Pan-Fried Irish Fillet Beef

#### PAN FRIED CHICKEN (1, 4, 6, 14)

Sliced Pan-Fried Chicken Breast

#### CRISPY DUCK (1, 4, 6, 14)

Sliced Crispy Duck Breast

#### CRISPY CHICKEN

Crisp Fried Chicken Breast Pieces (1,3, 6)



## THAI CURRIES

#### MASSAMAN (2, 4, 5, 8) 🍴

A Mild Savoury Curry, flavoured with Star Anise & Cardamom, served with Onion, Fried Baby Potatoes, Roast Cashew Nuts, Beansprouts & Fried Shallots.

#### THAI YELLOW CURRY (2, 4, 5, 8) 🍴🍴

A Rich Curry flavoured with Turmeric, which comes with Onions, Fried Baby Potatoes, Beansprouts & Fried Shallots

#### THAI GREEN CURRY (2, 4, 6) 🍴🍴🍴

A Rich & Spicy Curry with Courgettes, Bamboo Shoots, Soya Beans, Peppers & Thai Basil.

ALL CURRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN GREENS/STIR FRIED POTATOES €4

## NOODLE DISHES

#### PHAD THAI (1, 3, 5, 6, 14)

Rice Noodles stir-fried in our Sweet & Savoury Phad Thai Sauce, along with Egg, Peanuts, Bean Sprouts, Carrots & Scallions, with Crispy Shallots on top

#### SINGAPORE NOODLES (1, 3, 5, 6, 8, 14) 🍴

Fine Egg Noodles cooked with Peppers, Onions, Broccoli, Asian Greens, Spring Onions, Bean Sprouts, Peanut Sauce & Crisp Shallots on top, along with Malaysian & Indian Spices.

#### PHAD KHEE MAO (1, 6, 14) 🍴🍴🍴

This fiery Rice Noodle dish is popularly known as Drunkard's Noodles in Thailand. Peppers, Onions, Green Beans, Spring Onions, Carrots, Bean Sprouts, Sweet Basil & lots of Chillies are wok-fried together with the Noodles & topped with Crispy Shallots

IF YOU WOULD LIKE A DISH TO MADE SPICIER PLEASE ASK YOUR SERVER.

## STIR - FRY DISHES

THESE DISHES ARE USUALLY STIR-FRIED WITH OYSTER SAUCE WHICH IS MILDLY SALTY AND THEN FLAVOURED WITH VARIOUS HERBS & SPICES. OYSTER SAUCE CONTAINS OYSTER EXTRACT AND GLUTEN. WE CAN MAKE OUR STIR FRIES GF OR VEGETARIAN

#### OYSTER SAUCE (1, 6, 11, 14)

A tasty savoury stir-fry made with Oyster Sauce, Mushrooms, Peppers, Onions, Carrots, Spring Onions & a hint of Sesame Oil.

#### SWEET CHILLI CHICKEN (1, 3, 6, 14) 🍴

Crispy Chicken Pieces stir-fried with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans & our Sweet Chilli Sauce

#### CHILLI BEEF (1, 6, 14) 🍴🍴🍴

Sliced Irish Beef Fillet stir-fried with Peppers, Onions, Green Beans, Spring Onions, Carrots, Basil & a whole lot of Chillies in Oyster Sauce

RTG SPICE RATING: 🍴 MILD 🍴🍴 MEDIUM 🍴🍴🍴 HOT

SUPPLEMENT OF  
€3 FOR SEA BASS

SUPPLEMENT OF  
€3 FOR SEA BASS

THESE DISHES ARE  
COOKED RAPIDLY ON  
HIGH HEAT & PACKED  
FULL OF FLAVOUR

ALL STIR-FRIES ARE SERVED  
WITH STEAMED JASMINE RICE.  
SWITCH TO FRIED/BROWN  
RICE €150, CHIPS €2,  
NOODLES €250, ASIAN  
GREENS/STIR FRIED  
POTATOES €4

#### CHICKEN CASHEW NUT (1, 6, 8, 14) 🍴

This popular dish comes with Peppers, Mushrooms, Spring Onions, Carrots, Onions, Roasted Cashews & Chilli Paste cooked in Oyster Sauce.

#### GARLIC & PEPPER BEEF (1, 6, 14) 🍴

Prime Irish Beef, sliced and cooked in Oyster Sauce with Cracked Black Pepper, Onions, Spring Onions, Mushrooms, Peppers, Carrots & Crispy Garlic on top

#### ASIAN DUCK (1, 4, 6, 11, 14) 🍴

Pieces of sliced Duck Breast stir-fried in Oyster Sauce with Onions, Asian Greens, Peppers, Spring Onions, Carrots, Chillies & Bean Sprouts.

#### GINGER (1, 2, 6, 14) (Prawns | Fillet Beef)

A zingy stir-fry cooked with Shiitake Mushrooms, Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger

## RED TORCH GINGER SPECIALS

THESE DISHES OFFER A MORE LUXURIOUS TASTE OF THAILAND & SOUTH EAST ASIA.

#### DRUNKEN PRAWNS (1, 2, 6, 14)

Tiger Prawns in Shao Xing Wine & Shredded Ginger, served with stir-fried Asian Greens, Bamboo Shoots, Onions, Carrots Peppers & Spring Onions

#### CRISPY DUCK TAMARIND (1, 6, 14)

Thai Style Roast Duck, sliced & served on a garnish of Fried Noodles with Stir-fried Mixed Veg (Bell Peppers, Asian Greens, Spring Onions, Soya Beans, Onions & Carrots) and a side dish of Sweet Tamarind Sauce .

#### HOT CHILLI SAUCE (1, 2, 6, 14) (Tiger Prawns | Crispy Duck) 🍴🍴🍴

A Spicy Stir-fry made with Homemade Chilli Sauce, Asian Greens, Baby Corn, Chillies, Peppers, Onions, Carrots & Spring Onions.

#### NASI GORENG (1, 2, 3, 6, 14) 🍴🍴

Malay Style Fried Rice with Chilli Paste, Peppers, Onions, Mushrooms, Spring Onions, Soybeans & Asian Greens, with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers.

## ADDITIONAL SIDES

BROWN RICE €3.50

STEAMED RICE €3.00

EGG FRIED RICE (4) €3.25

CHIPS €3.50

EGG NOODLES (1, 3, 6, 14) €4.50

PRAWN CRACKERS (1, 2, 4) €3.50

CHIPS €4.00

STIR-FRIED POTATOES (1, 6) €6.00  
with Garlic, Spring Onions & Carrots.

STIR-FRIED GREENS (1, 6, 14) €6.00  
Pak Choi, Green Beans & Broccoli  
in Oyster Sauce

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.

