

## VEGAN STARTERS

### TOM KHA WITH TOFU (6)

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander, & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass. €8.50

### VEGAN SPRING ROLLS (1)

with Carrot, Mushrooms, Cabbage & Glass Noodles served with a Sweet Chilli Sauce. €9.00

### VEGAN THAI SAMOSAS (1,6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip. €9.00

### ASIAN VEGAN SALAD

Mixed Asian Salad with Peppers, Onions, Carrots, Spring Onions, Asian Greens, Cherry Tomatoes, Cucumber, Coriander, Chilli & Sesame Seeds with a Peanut Butter & Tamarind Dressing. €8.45

TOFU CAN  
BE ADDED  
TO DISHES  
ON  
REQUEST

## VEGAN MAINS

### YELLOW CURRY (6) 🌶️

A Rich Curry flavoured with Turmeric, this curry comes with Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots. €19.00

### CHILLI STIR-FRY (1,6) 🌶️🌶️

A Spicy Stir-Fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & lots of Fresh Chillies. €19.00

### GINGER STIR-FRY (1,6) 🌶️

A Zingy Stir-Fry cooked with Shiitake Mushrooms, Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger. €19.00

### RTG VEGETABLE STIR-FRY (1,6)

A tasty mixture of Asian Greens, Baby Corn, Shiitake Mushrooms, Broccoli, Onions, Peppers, Button Mushrooms & Carrots, quick-fried with our Vegan Seasoning Sauce. €19.00

### SWEET CHILLI STIR-FRY (1,6) 🌶️

A Sweet Chilli Stir-Fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Onions & our own Sweet Chilli Sauce. €19.00

ALL CURRY & STIR FRY DISHES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €1.50, CHIPS €2, NOODLES €2.50, ASIAN GREENS/STIR FRIED POTATOES €4

RTG SPICE RATING: 🌶️ MILD   🌶️🌶️ MEDIUM   🌶️🌶️🌶️ HOT

## VEGAN NOODLE DISHES

### VEGAN PHAD THAI (1,5,6,12)

Our Classic Pad Thai made the vegan way. We quickly wok fry Rice Noodles with Peppers, Onions, Asian Greens, Peanuts, Soy beans, Baby Corn & Spring Onions in our Vegan Sauce. €18.45

### VEGAN PHAD KHEE MAO (1,6) 🌶️🌶️

Rice Noodles are flash-fried in the wok with Peppers, Spring Onions, Bean Sprouts, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies. €19.00

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.

## ALLERGEN KEY

1. WHEAT, 2. CRUSTACEANS, 3. EGGS, 4. FISH, 5. PEANUTS,
6. SOYBEANS, 7. MILK, 8. NUTS, 9. CELERY, 10. MUSTARD,
11. SESAME SEEDS, 12. SULPHUR DIOXIDE & SULPHITES,
13. LUPIN, 14. MOLLUSCS



# RED TORCH GINGER

## MAYNOOTH

### A LA CARTE MENU

RED TORCH GINGER MAYNOOTH  
MAIN STREET, MAYNOOTH, KILDARE

REDTORCHGINGERMAYNOUTH.COM  
@REDTORCHGINGERMAYNOUTH

## STARTERS

### VEGETARIAN SPRING ROLLS (1, 13)

Crispy Filo Rolls filled with Mushrooms, Carrot, Cabbage & Glass Noodles, served with a Sweet Chilli Sauce €9.00

### PORK WONTONS (1, 6, 11)

Deep Fried Minced Pork Dumplings, served with Sweet Chilli Dip €9.00

### KOREAN STYLE CHICKEN WINGS (1, 3, 6, 14)

Sticky & Sweet Crispy Chicken Wings, served with a Coconut & Chilli Sauce €9.00

### FIVE SPICE CALAMARI (1, 3, 4, 6, 14)

Crispy Calamari Pieces, served with Spring Onions, Chillies, Carrots & Onions on top of Mixed Leaves. €9.00

### THAI SAMOSAS (1, 6)

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip €9.00

### SATAY CHICKEN (1, 2, 5, 6)

Fried Chicken Breast Skewers, served with our homemade Satay Sauce €9.50

### DIM SUM TRIO (1, 6, 11)

6 Steamed Gyoza Dumplings (Two Minced Chicken, Two Minced Duck & Two Minced Vegetable) served with Dim Sum Dipping Sauce €10.00

### PANKO PRAWNS (1, 2, 3, 6)

Tiger Prawns in Coconut & Japanese Breadcrumbs Batter, served with Sweet Chilli Sauce €9.50

## SHARING PLATTERS FOR TWO

### AROMATIC DUCK PANCAKES (1, 5, 6, 11)

Sliced Crispy Duck served with Julienne Carrot, Spring Onion & Cucumber, Steamed Pancakes & Hosin Sauce €24.95

### RED TORCH GINGER COMBO (1, 2, 5, 6, 11)

Two pieces each of: Chicken Satay, Spring Rolls, Thai Samosas, Panko Prawns, Pork Wontons, & selection of dips. €20.95

## THAI SOUPS

### TOM YUM (4) 🍴

A delicious Hot & Spicy Soup with Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

### TOM KHA

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass

Tofu €8 | Chicken €9 | Prawns €9 | Mussels €11

## SALADS

These meats are sauteed & then mixed up with our Salad, made with Sliced Peppers, Onions, Carrot, Cherry Tomatoes, Cucumber, Coriander & Spring Onion, mixed with our Hot & Sour Dressing

### THAI BEEF (1, 2, 4, 6) 🍴🍴

Sliced Pan-Fried Irish Fillet Beef €22.00

### PAN FRIED CHICKEN (1, 2, 4, 6) 🍴🍴

Sliced Pan-Fried Chicken Breast €21.00

### CRISPY DUCK (1, 2, 4, 6) 🍴🍴

Sliced Crispy Duck Breast €22.00

### CRISPY CHICKEN (1, 2, 4, 6) 🍴🍴

Crisp Fried Chicken Breast Pieces €21.00



## THAI CURRIES

TOFU €19.00	DUCK €24.00
CHICKEN €22.00	FILLET BEEF €24.00
TIGER PRAWNS €23.00	SEA BASS €25.95

### MASSAMAN (2, 4, 5, 6) 🍴

A Mild Savoury Curry, flavoured with Star Anise & Cardamom, served with Onion, Fried Baby Potatoes, Roast Cashew Nuts, Beansprouts & Fried Shallots.

### PANANG (2, 4, 6) 🍴

A delicious Mild Curry made with Thai Basil Leaves & Crushed Peanuts

### THAI YELLOW CURRY (2, 4, 6) 🍴🍴

A Rich Curry flavoured with Turmeric, which comes with Onions, Fried Baby Potatoes, Beansprouts & Fried Shallots

### THAI RED CURRY (2, 4, 6) 🍴🍴

This Medium Spiced Curry with a hint of sweetness is big on flavour & comes with Peppers, Butternut Squash, Courgettes, Bamboo Shoots, Soya Beans & Thai Basil.

### THAI GREEN CURRY (2, 4, 6) 🍴🍴🍴

A Rich & Spicy Curry with Courgettes, Bamboo Shoots, Soya Beans, Peppers & Thai Basil.

ALL CURRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN GREENS/STIR FRIED POTATOES €4

## NOODLE DISHES

TOFU €19.00	DUCK €24.00
CHICKEN €22.00	FILLET BEEF €24.00
TIGER PRAWNS €23.00	SEA BASS €25.95

### PHAD THAI (1, 3, 5, 6)

Rice Noodles stir-fried in our Sweet & Savoury Phad Thai Sauce, along with Egg, Peanuts, Bean Sprouts, Carrots & Scallions, with Crispy Shallots on top

THESE DISHES ARE COOKED RAPIDLY ON HIGH HEAT & PACKED FULL OF FLAVOUR

### SINGAPORE NOODLES (1, 2, 3, 5, 6) 🍴

Fine Egg Noodles cooked with Peppers, Onions, Broccoli, Asian Greens, Spring Onions, Bean Sprouts & Crisp Shallots on top, along with Malaysian & Indian Spices and Peanut Sauce

### PHAD KHEE MAO (1, 6) 🍴🍴🍴

This is a fiery Rice Noodle dish, known as Drunkard's Noodles in Thailand. Peppers, Onions, Green Beans, Spring Onions, Carrots, Bean Sprouts, Sweet Basil & lots of Chillies are wok-fried together with the Noodles & topped with Crispy Shallots

### CHIANG MAI NOODLES (1, 2, 3, 4, 6) 🍴

Stir-fried Egg Noodles with Peppers, Asian Greens, Spring Onions, Bean Sprouts, Onions, Carrots, Fried Shallots & our Secret Chilli Sauce, flavoured with Galangal, Turmeric & Ka Chai with Crisp Shallots on top

IF YOU WOULD LIKE A DISH TO MADE SPICIER PLEASE ASK YOUR

## STIR - FRY DISHES

THESE DISHES ARE USUALLY STIR-FRIED WITH OYSTER SAUCE WHICH IS MILDLY SALTY AND THEN FLAVOURED WITH VARIOUS HERBS & SPICES. OYSTER SAUCE CONTAINS OYSTER EXTRACT AND GLUTEN. WE CAN MAKE OUR STIR FRIES GF OR VEGETARIAN

ALL STIR-FRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED/BROWN RICE €150, CHIPS €2, NOODLES €250, ASIAN GREENS/STIR FRIED POTATOES €4

### OYSTER SAUCE (1, 6, 14) (Chicken €22.50, Prawns €23.00, Fillet Beef €24.00)

A tasty savoury stir-fry made with Oyster Sauce, Mushrooms, Peppers, Broccoli Onions, Carrots, Spring Onions & a hint of Sesame Oil.

### SWEET CHILLI CHICKEN (1, 6, 14) 🍴

Crispy Chicken Pieces stir-fried with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans & our Sweet Chilli Sauce €23.00

### CHILLI BEEF (1, 6, 14) 🍴🍴🍴

Sliced Irish Beef Fillet stir-fried with Peppers, Onions, Green Beans, Spring onions, Carrots, Basil & a whole lot of Chillies in Oyster Sauce €24.00

RTG SPICE RATING: 🍴 MILD 🍴🍴 MEDIUM 🍴🍴🍴 HOT

### CHICKEN CASHEW NUT (1, 6, 8, 14) 🍴

This popular dish comes with Peppers, Mushrooms, Spring Onions, Carrots, Onions, Roasted Cashews & Chilli Paste cooked in Oyster Sauce €22.50

### GARLIC & PEPPER BEEF (1, 6, 14) 🍴

Prime Irish Beef Fillet, sliced and cooked in Oyster Sauce with Cracked Black Pepper, Onions, Spring Onions, Mushrooms, Peppers, Carrots & Crispy Garlic on top €24.00

### ASIAN DUCK (1, 6, 11, 14) 🍴

Pieces of sliced Duck Breast stir-fried in Oyster Sauce with Onions, Asian Greens, Peppers, Spring Onions, Carrots, Chillies & Bean Sprouts €24.95

### GINGER (1, 2, 6, 14) (Prawns €23.00, Fillet Beef €24.00) 🍴

A zingy stir-fry cooked with Shiitake Mushrooms, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger

## RED TORCH GINGER SPECIALS

THESE DISHES OFFER A MORE LUXURIOUS TASTE OF THAILAND & SOUTH EAST ASIA.

### STEAMED SEA BASS (1, 2, 4, 6, 8, 9, 14)

Two Sea Bass Fillets, steamed with Carrots & Broccoli & served with Spring Onions, Celery, Coriander, Chinese Mushrooms, Ginger, Cashew Nuts & our own Savoury Soy Sauce €26.00

### CRISPY SEA BASS CHILLI & LIME (1, 3, 4, 6) 🍴🍴🍴

Two Sea Bass Fillets, lightly battered & served on Steamed Vegetables (Butternut Squash, Onions, Asian Greens, Peppers, Broccoli, Soy Beans, Carrots & Spring Onions) with our Spicy Chilli & Lime Dressing €26.00

### CHILLI SEA BASS (1, 2, 4, 6, 8, 9, 14) 🍴🍴🍴

Two Sea Bass Fillets, steamed with Carrots & Broccoli & served with Spring Onions, Celery, Coriander, Chinese Mushrooms, Ginger, Cashew Nuts & our own Spicy Chilli Sauce €26.00

### DRUNKEN PRAWNS (1, 2, 6, 14)

Tiger Prawns in Shao Xing Wine & Shredded Ginger, served with stir-fried Asian Greens, Bamboo Shoots, Onions, Carrots Peppers & Spring Onions €25.00

### CRISPY DUCK TAMARIND (1, 6, 14)

Thai Style Roast Duck, sliced & served on a garnish of Fried Noodles with Stir-Fried Mixed Veg (Bell Peppers, Asian Greens, Spring Onions, Soya Beans, Onions & Carrots) and a side dish of Sweet Tamarind Sauce €26.00

### HOT CHILLI SAUCE (1, 2, 5, 6, 14) (Tiger Prawns €23.00 or Crispy Duck €24.00) 🍴🍴🍴

A Spicy Stir-fry made with Lao Gan Ma Sauce, Asian Greens, Baby Corn, Chillies, Peppers, Onions, Carrots & Spring Onions

### RTG FRIED RICE (1, 3, 6, 14) (Chicken €22.50 | Prawns €23.50)

Our House Fried Rice with Scallions, Carrots & Onions, served with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers

### NASI GORENG (1, 2, 3, 4, 6, 14) 🍴🍴

Malay Style Fried Rice with Chilli Paste, Peppers, Onions, Mushrooms, Spring Onions, Soybeans & Asian Greens, with a Fried Egg on top and garnished with a Sliced Tomato, Cucumber & Prawn Crackers.

Tofu €19.00 | Chicken €22.50 | Fillet Beef €24.00 | Duck €43.00 | Tiger Prawns €23.00

### THAI SEAFOOD BUCKET (1, 2, 4, 14)

A dish made famous in the night markets of Thailand, Mixed Seafood in a Rich Creamy Sauce with Mini Corns, Onions, Scallions, Coriander, Peppers & Basil €30.00

## ADDITIONAL SIDES

BROWN RICE €3.75

STEAMED RICE €3.25

EGG FRIED RICE (3) €3.75

CHIPS €4.00

EGG NOODLES (1, 3, 6) €4.50

PRAWN CRACKERS €3.50 (1, 2, 4)

STIR-FRIED POTATOES (1, 6) €6.00  
with Garlic, Spring Onions & Carrots

STIR-FRIED GREENS (6) €6.00

Pak Choi, Green Beans & Broccoli in Oyster Sauce

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE

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