



SANDYFORD

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RTG VEGAN LUNCH A LA CARTE

SET LUNCH MENU €18.95

CHOOSE ONE STARTER & ONE MAIN FROM THIS MENU.



VEGAN STARTERS

VEGAN THAI SAMOSAS

Crispy Fried Filo Parcels, filled with Curried Vegetables, served with a Sweet Chilli Dip. €9.50

VEGAN SPRING ROLLS

with Mushrooms, Cabbage & Glass Noodles served with a Sweet Chilli Sauce. €9.50

TOM KHA WITH TOFU

Coconut Broth with Tofu, Mushrooms, Spring Onions, Coriander, & Cherry Tomatoes, flavoured with Galangal, Lime Leaves & Lemongrass. €8.00

VEGAN MAINS (All €13.95)

TOFU CAN BE ADDED TO DISHES ON REQUEST

YELLOW CURRY 🌶️🌶️

A Rich Curry flavoured with Turmeric, this curry comes with Fried Baby Potatoes, Onions, Bean Sprouts & Crisp Fried Shallots.

CHILLI STIR-FRY 🌶️🌶️🌶️

A Spicy Stir-Fry made with our Vegetable Seasoning Sauce & Baby Corn, Green Beans, Spring Onions, Carrots, Peppers, Onions, Basil Leaves, Bamboo Shoots & lots of Fresh Chillies.

GINGER STIR-FRY 🌶️

A Zingy Stir-Fry cooked with Peppers, Button Mushrooms, Spring Onions, Carrots, Onions & Shredded Ginger.

RTG VEGETABLE STIR-FRY

A tasty mixture of Asian Greens, Baby Corn, Peppers, Broccoli, Onions, Peppers, Button Mushrooms & Carrots, quick-fried with our Vegan Seasoning Sauce.

SWEET CHILLI STIR-FRY 🌶️

A Sweet Chilli Stir-Fry made with Cherry Tomatoes, Peppers, Carrots, Basil, Spring Onions, Green Beans, Onions & our own Sweet Chilli Sauce.

ALL CURRIES & STIR - FRIES ARE SERVED WITH STEAMED RICE. SWITCH TO BROWN RICE + €1.50

RTG SPICE RATING: 🌶️ MILD 🌶️🌶️ MEDIUM 🌶️🌶️🌶️ HOT

VEGAN NOODLE DISHES (All €13.95)

TOFU CAN BE ADDED TO DISHES ON REQUEST

VEGAN PHAD THAI

Our Classic Pad Thai made the vegan way. We quickly wok fry Rice Noodles with Peppers, Onions, Asian Greens, Soy beans, Baby Corn, Peanuts & Spring Onions in our Vegan Sauce.

VEGAN PHAD KHEE MAO 🌶️🌶️🌶️

Rice Noodles are flash-fried in the wok with Peppers, Spring Onions, Green Beans, Basil Leaf, Onions, Asian Greens, Baby Corn, Soybeans, Carrots & lots of Fresh Chillies.

A 10% SERVICE CHARGE WILL APPLY TO GROUPS OF FIVE OR MORE.

ALL OUR FOOD IS FREE OF MSG. WE USE ONLY IRISH FOOD SUPPLIERS AND ALL OF OUR BEEF IS 100% IRISH. PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES BEFORE ORDERING.

RTG LUNCH A LA CARTE

SET LUNCH MENU €18.95 | CHOOSE ONE STARTER & ONE MAIN FROM THIS MENU



Sea Bass and Mixed Seafood + €3.00, Fillet Beef + €2.00 for set lunch.

STARTERS

VEGETARIAN SPRING ROLLS

Crispy Filo Rolls filled with Mushrooms, Cabbage & Glass Noodles served with a Sweet Chilli Sauce. €7.00

PORK WONTONS

Deep Fried Minced Pork Dumplings, served with Sweet Chilli Dip €8.00

KOREAN GOCHUJANG CHICKEN WINGS

Crispy lightly-battered Chicken wings tossed in a mildly spiced, sweet and sticky Gochujang Korean sauce topped with sesame seeds €8.45

FIVE SPICE CALAMARI

Crispy Calamari Pieces, served with Spring Onions, Chillies, Carrots & Onions on top of Mixed Leaves. €8.45

SATAY CHICKEN

Fried Chicken Breast Skewers, served with our homemade Satay Sauce €7.45

PANKO PRAWNS

Tiger Prawns in Coconut & Japanese Breadcrumb in an Egg & Flour Batter, with Sweet Chilli Sauce €7.00

SALADS

These meats are sauteed & then mixed up with our Salad, made with Sliced Peppers, Onions, Carrot, Cherry Tomatoes, Cucumber, Coriander & Spring Onion, mixed with our Hot & Sour Dressing.

PAN FRIED CHICKEN

Sliced Pan-Fried Chicken Breast €14.95

CRISPY CHICKEN

Crispy Fried Chicken Breast Pieces €14.95

Ask for them Thai-Style to add an extra chilli kick.

Salads are served with no side.

OPTIONS FOR CURRIES & NOODLE DISHES

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| CHICKEN €14.95 | DUCK €16.50 |
| TIGER PRAWNS €15.95 | BEEF €17.95 |
| MIXED SEAFOOD €18.95 | SEA BASS €18.95 |

OPTIONS FOR CURRIES & STIR FRY

ALL CURRIES AND STIR FRIES ARE SERVED WITH STEAMED JASMINE RICE. SWITCH TO FRIED RICE, BROWN RICE OR EGG NOODLES + €1.50

RTG SPICE RATING: 🌶️ MILD 🌶️🌶️ MEDIUM 🌶️🌶️🌶️ HOT

THAI CURRIES

MASSAMAN

A Mild Savoury Curry, flavoured with Star Anise & Cardamom, served with Onion, Fried Baby Potatoes, Roast Cashew Nuts, Beansprouts & Fried Shallots.

THAI GREEN CURRY

A Rich & Spicy Curry with Courgettes, Bamboo Shoots, Soya Beans, Peppers & Thai Basil.

NOODLE DISHES

PHAD THAI

Rice Noodles stir-fried in our Sweet & Savoury Phad Thai Sauce, along with Egg, Peanuts, Bean Sprouts, Carrots & Scallions, with Crisp Shallots on top.

SINGAPORE NOODLES

Fine Egg Noodles cooked with Peppers, Onions, Broccoli, Asian Greens, Spring Onions, Bean Sprouts, Carrots & Crisp Shallots on top, along with Malaysian & Indian Spices.

STIR - FRY DISHES

THESE DISHES ARE USUALLY STIR-FRIED WITH OYSTER SAUCE WHICH IS MILDLY SALTY AND THEN FLAVOURED WITH VARIOUS HERBS & SPICES. OYSTER SAUCE CONTAINS OYSTER EXTRACT AND GLUTEN. WE CAN MAKE OUR STIR FRIES GF OR VEGETARIAN.

SWEET CHILLI (Chicken €14.95 or Prawns €15.95)

Lightly Battered Prawns or Chicken stir-fried with Cherry Tomatoes, Peppers, Carrots, Basil, Green Beans & our Sweet Chilli Sauce.

CHILLI BASIL (Fillet Beef €17.95 or Mixed Seafood €18.95)

Spicy Stir Fry made with Peppers, Onions, Green Beans, Spring Onions, Carrots, Basil & a whole lot of Chillies in Oyster Sauce.

CHICKEN CASHEW NUT

This popular dish comes with Peppers, Mushrooms, Spring Onions, Carrots, Onions, Roasted Cashews & Chilli Paste cooked in Oyster Sauce. €14.95

ASIAN DUCK

Pieces of sliced Duck Breast stir-fried in Oyster Sauce with Onions, Asian Greens, Peppers, Spring Onions, Carrots, Sesame Oil, Chillies & Bean Sprouts. €16.50

SIDE DISHES

BROWN RICE €2.25

STEAMED RICE €1.95

EGG FRIED RICE €2.50

EGG NOODLES €2.50

PRAWN CRACKERS €2.95

STIR-FRIED POTATOES €6.95
with Garlic, Spring Onions & Carrots.

STIR-FRIED GREENS €6.95
Pak Choi, Green Beans & Broccoli
in Oyster Sauce.

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